

## 800 SECTION - ADULT SKATING TESTS

### 801 TESTS – GENERAL REQUIREMENTS

801.1 Skaters sitting Adult Skating medal tests must have attained the age of 18 years or more at the time of the test application. Skaters sitting Pairs or Dance tests may be partnered by a skater under the age of 18. An Adult test skater may also sit NZIFSA medal tests if they so choose.

801.2 Skaters who hold passes in NZIFSA medal tests and qualify as an Adult under Rule 801.1 may cross-credit to the equivalent Adult level or if a period of ten or more years since passing the standard test, may cross credit one test level below.

<b>Adult</b>	<b>Freeskate</b>	<b>Pairs</b>	<b>Dance</b>	<b>Free Dance</b>
Preliminary	Preliminary	Preliminary	Preliminary	
Bronze	Bronze	Bronze	Bronze	Bronze
Silver	Silver	Silver	Silver	Silver
Gold	Gold	Gold	Gold	Gold
Gold Star	Gold Star	Gold Star	Gold Star	

801.3 Skaters who hold passes in Recreational medal tests and qualify as an Adult under Rule 801.1 will automatically be credited to the equivalent Adult Test grade

### 802 RESKATES

#### 802.1 FREESKATING

In Adult Freeskating and Pairs tests any two required elements failed during the programme may be reskated in isolation, up to two attempts are allowed per element. Elements in isolation need not be reskated in the same context as in the programme. Any elements in isolation must be reskated immediately upon request, without practice. Required elements that have not been performed during the test may not be done as an element in isolation.

### 803 JUDGING OF TESTS

803.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.

803.2 The NZIFSA Test/Competition Secretary shall appoint two Judges for all tests or a single panel judge, with a classification of Gold or higher for that discipline, may be used for all tests.

803.3 The candidate must satisfy each of the Judges appointed for all tests

803.4 The candidates order of skating for each grade, when there are more than one skater, shall be drawn by the Referee of the day

### 804 REQUIREMENTS FOR FIGURE TESTS – Deleted in 2006

### 805 FIGURE TESTS – Deleted in 2006

### 806 STROKING TESTS - INDEX TO ADULT STROKING REQUIREMENTS

<b>ELEMENTARY</b>	<b>TEST 0</b>	Forward Perimeter Stroking Basic Consecutive Edges
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<b>PRELIMINARY</b>	<b>TEST 1</b>	Figure 8 Crossovers (Forward and Backwards) Forward and Backward Russian/Perimeter Skating
<b>BRONZE:</b>	<b>TEST 2</b>	5 Step Mohawk Forward 3 Turn Pattern Alternating Backward Crossovers to Backward Outside Edges Forward Power 3 turns
<b>SILVER:</b>	<b>TEST 3</b>	Alternating forward and backward Inside & Outside 3's Cross-steps forward and backwards Eight step Mohawk Forward power circles with sustained edge
<b>GOLD:</b>	<b>TEST 4</b>	Forward Double 3 turns Backward Double 3 turns Backward Power Circles with sustained edges Inside Slide Chasses
<b>GOLD STAR:</b>	<b>TEST 5</b>	Brackets in the Field Forward Perimeter Power Crossover Stroking to a Backward Quick Rocker Sequence Forward & Backward Counters (choice of inside or outside) Forward & Backward Rockers (choice of inside or outside)

**807 REQUIREMENTS FOR FREE SKATING TESTS**

Vocal music and props are **not** permitted.

**808 FREE SKATING TESTS**

**TEST 0 ELEMENTARY MEDAL**

**Duration:** maximum of 1 minute 50 seconds

- a) One (1) Waltz jump
- b) One (1) forward or backward pivot
- c) One (1) two-foot spin (minimum three revolutions)
- d) One (1) forward or backward spiral

**Evaluated as Pass / Fail**

**NOTE:** For tests 1 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

**TEST 1 PRELIMINARY MEDAL**

**Duration:** maximum of 1 minute 50 seconds

- a) One (1) Salchow jump
- b) One (1) Toe Loop jump
- c) One (1) Upright spin with optional change of foot (minimum three revolutions)
- d) One (1) step sequence or choreographic sequence covering at least ½ the ice surface.

**TEST 2 BRONZE MEDAL**

**Duration:** maximum of 1 minute 50 seconds

- a) One (1) Flip jump
- b) One (1) Loop jump
- c) One (1) combination jump of Salchow and Toe loop
- d) One (1) camel or sit spin (minimum 4 revolutions)
- e) One (1) upright spin (minimum 4 revolutions)
- f) One (1) step sequence or choreographic sequence covering at least ½ the ice surface.

**TEST 3 SILVER MEDAL**

**Duration:** maximum of 2 minutes 10 seconds

- a) Two (2) different jumps chosen from: Loop, Flip, Lutz
- b) One (1) Axel Paulsen
- c) One (1) combination jump consisting of Flip/Loop or Lutz/Loop or one double and one single jump
- d) Ladies: one (1) layback or sideways leaning spin (minimum 4 revolutions)  
Men: one (1) camel or sit spin (minimum 4 revolutions)
- e) One (1) combination spin with one change of foot and/or one change of position (minimum 4 revolutions, or 4 revolutions on each foot if a change of foot is executed)
- f) One (1) step sequence or choreographic sequence covering at least ½ the ice surface.

**TEST 4 GOLD MEDAL**

**Duration:** maximum of 3 minutes 10 seconds

- a) One (1) Axel Paulsen
- b) One (1) double Salchow or double Toe Loop
- c) One (1) combination jump consisting of one double and one single jump
- d) Ladies: One (1) layback or sideways leaning spin (minimum of 4 revolutions)  
Men: One (1) camel or sit spin (minimum of 4 revolutions)
- e) Combination spin with one change of foot and one change of position (minimum of 4 revolutions on each foot)
- f) One (1) flying spin (minimum 4 revolutions)
- g) One (1) step sequence or choreographic sequence fully utilising the ice surface.

**TEST 5 GOLD STAR MEDAL**

**Duration:** maximum of 3 minutes 40 seconds

- a) Three (3) different double jumps chosen from Double Salchow, Double Toe loop, Double loop, Double Flip or Double Lutz
- b) One (1) combination jump consisting of two double jumps. One must be different from those included in a)
- c) One (1) flying spin (minimum 6 revolutions)
- d) One (1) combination spin with at least one change of foot and two changes of position (minimum of 5 revolutions on each foot)
- e) One (1) spin in one position (sit, camel or layback), with or without a change of foot.
- f) One (1) step sequence or choreographic sequence fully utilising the ice surface.

**809 REQUIREMENTS FOR PAIR SKATING TESTS**

Vocal music and props are **not** permitted.

## 810 PAIR SKATING TESTS

### TEST 1 PRELIMINARY MEDAL

**Duration:** maximum of 1 minute 50 seconds

- a) One (1) solo Waltz jump
- b) One (1) forward or backward pivot spiral
- c) One (1) solo upright spin (minimum 3 revs)
- d) One (1) solo Salchow or toe loop

**Evaluated as Pass / Fail**

**NOTE:** For tests 2 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

### TEST 2 BRONZE MEDAL

**Duration:** maximum of 2 minutes 10 seconds

- a) One (1) pair spin (minimum 3 revolutions)
- b) One (1) solo camel or sit spin (minimum 3 revolutions)
- c) One (1) lift. **Twist lifts and overhead lifts are not permitted.**
- d) One (1) forward pivot spiral (man in crossed pivot position)
- e) One (1) solo jump chosen from: Toe Loop, Loop and Flip
- f) One (1) step sequence or choreographic sequence covering at least ½ the ice surface.

### TEST 3 SILVER MEDAL

**Duration:** maximum of 2 minutes 40 seconds

- a) One (1) pair combination spin with one change of position and/or foot (minimum of 4 revolutions)
- b) One (1) solo combination spin with at least one change of position and one change of foot (minimum 4 revolutions on each foot)
- c) One (1) lift. **Twist lifts and overhead lifts are not permitted.**
- d) One (1) step sequence or choreographic sequence covering at least ½ the ice surface.
- e) One (1) solo Flip or Lutz
- f) One (1) backward pivot spiral (Man in crossed pivot position)

### TEST 4 GOLD MEDAL

**Duration:** maximum of 3 minutes 10 seconds

- a) One (1) pair combination spin with one change of position and one change of foot (minimum of 4 revolutions)
- b) One (1) solo combination spin with one change of position and one change of foot (minimum of 5 revolutions on each foot)
- c) One (1) lift, chosen from group 1 or 2. **Overhead lifts are not permitted.**
- d) One (1) step sequence or choreographic sequence fully utilising the ice surface.
- e) One (1) solo Axel Paulsen
- f) One (1) solo Double Salchow or Double Toe Loop
- g) One (1) backward death spiral

### TEST 5 GOLD STAR

**Duration:** maximum of 3 minutes 40 seconds

- a) One (1) pair combination spin with one change of position and one change of foot (minimum of 5 revolutions)
- b) Two (2) solo double jumps (free choice)

- c) One (1) lift, may be a twist lift. **Overhead lifts are not permitted)**
- d) One (1) throw jump (single only)
- e) One (1) solo flying spin
- f) One (1) forward death spiral
- g) One (1) step sequence or choreographic sequence fully utilising the ice surface.

## 811 REQUIREMENTS FOR PATTERN DANCE

The emphasis is on timing and expression rather than technique, although this should be taken into consideration. Credit is to be given to passed dances on the test. Dances may be skated as either a couple or as a solo.

## 812 PATTERN DANCE TESTS

### TEST 1 PRELIMINARY MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application

Dutch Waltz  
Canasta Tango  
Rhythm Blues

**Evaluated as Pass / Fail**

**NOTE:** For tests 2 – 8, the execution/performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a dance to be considered as a pass, the candidate must be evaluated for the execution/performance as meets or exceeds the standard expected at that level.

### TEST 2 INTER BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application

Fiesta Tango  
Golden Skaters Waltz  
Swing Dance  
Baby Blues

### TEST 3 BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application

Riverside Rhumba  
Willow Waltz  
Tenfox

### TEST 4 INTER SILVER MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application

Foxtrot  
Fourteenstep  
European Waltz

### TEST 5 SILVER MEDAL

Any two of the following dances (to be declared at the time of the test application):

American Waltz  
Killian  
Blues  
Tango  
Rocker Foxtrot

**TEST 6 INTER GOLD MEDAL**

Any two of the following dances (to be declared at the time of the test application):

Starlight Waltz  
Westminster Waltz  
Quickstep  
Paso Doble  
Cha Cha Congelado

**TEST 7 GOLD MEDAL**

Any two of the following dances (to be declared at the time of the test application):

Viennese Waltz  
Argentine Tango  
Rhumba  
Austrian Waltz  
Silver Samba

**TEST 8 GOLD STAR MEDAL**

Any two of the following dances (to be declared at the time of the test application):

Tango Romantica  
Ravensburger Waltz  
Yankee Polka  
Golden Waltz  
Midnight Blues  
Finnstep

**813 REQUIREMENTS FOR FREE DANCE TESTS**

- The emphasis is on Presentation rather than Technical Merit, although this should be taken into consideration.
- Although lifts are permitted as per ISU regulations they are not expected.
- Vocal music and props are permitted.
- Step sequences must cover at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.

**814 FREE DANCE TESTS**

**NOTE:** For tests 1 – 3, the execution of required elements / performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for the free dance to be considered as a pass, the candidate(s) must be evaluated for the execution / performance as meets or exceeds the standard expected at that level.

**TEST 1 BRONZE MEDAL**

**Duration:** maximum of 2 minutes

The emphasis should be placed on steps, flow and timing rather than on lifts.

**Requirements:**

- One (1) Diagonal, Straight-Line or Circular Step Sequence

- One (1) dance spin: minimum of 2 revolutions on one foot for each partner. The position is optional.
- Optional: One (1) dance lift, with a maximum duration of 6 seconds.

**TEST 2 SILVER MEDAL**

**Duration:** maximum of 2 minutes 40 seconds

The emphasis should be placed on steps, flow and timing rather than on lifts.

**Requirements:**

- One (1) Diagonal, Straight-Line or Circular Step Sequence
- One (1) dance spin: minimum of 3 revolutions on one foot for each partner. The position is optional.
- Optional: Up to two (2) dance lifts are permitted, **1 short lift** with a maximum duration of 6 seconds and **1 long lift** with a maximum duration of 12 seconds.

**TEST 3 GOLD MEDAL**

**Duration:** maximum of 3 minutes 10 seconds

The emphasis should be placed on steps, flow and timing rather than on lifts.

**Requirements:**

- One (1) Diagonal, Straight-Line or Circular Step Sequence
- One (1) dance spin: minimum of 4 revolutions on one foot for each partner. The position is optional.
- Optional: Up to two (2) dance lifts are permitted, **1 short lift** with a maximum duration of 6 seconds and **1 long lift** with a maximum duration of 12 seconds.